

OSHA 10-HOUR GENERAL INDUSTRY CULINARY



CareerSafe's OSHA 10-Hour General Industry (Culinary) course is tailored to meet the needs of students entering culinary industry careers and covers both OSHA basics and industry-specific safety and health standards.

Students who successfully complete the OSHA 10-Hour General Industry (Culinary) course will **earn an official US Department of Labor OSHA 10-Hour General Industry Card.**



Culinary Industry-Tailored Content

Workers encounter a number of hazards unique and specific to the culinary industry. This industry-focused course provides students with critical knowledge and strategies for managing those hazards, including:

- Sharps hazards
- Hot items and liquids
- Slip and trip hazards
- Extreme temperatures
- Hygiene
- Growing a career in the culinary industry

CareerSafe's engaging and affordable OSHA training provides CTE students the critical safety knowledge and industry-recognized credentials they need to gain a competitive edge in the job market.



2.3x

More young worker injuries than adult injuries annually*



222,000

Industry workplace injuries in 2024*



75,000

Estimated annual shortage in culinary workers*

"The OSHA 10-Hour training course has improved my capacity to recognize occupational dangers. This training taught me essential information and vital skills to identify, assess, and successfully manage workplace dangers."

*Sources: U.S. Centers for Disease Control and Prevention, U.S. Bureau of Labor Statistics



OSHA SAFETY TRAINING: A CREDENTIAL OF VALUE

OSHA training is one of the strongest foundations we can offer students in preparing for the workplace. OSHA 10-Hour credentials are:

- **Industry-recognized** — OSHA credentials are aligned with real workplace expectations and regulations across all industries.
- **Validated by employers** — Businesses routinely require OSHA training for hiring at all levels, and high-growth industries consistently prioritize OSHA-trained workers.
- **Portable and stackable** — OSHA 10-Hour credentials are portable between industries and across states and are a key value-add credential when stacked with other technical industry certifications.
- **Transparent in outcomes** — Learning outcomes in the OSHA 10-Hour courses directly support state and federal safety learning standards and are directly tied to the credential assessment.
- **Supported by data** — Employers, industries, and educators consistently report improved readiness, professionalism, and safety mindset among students with OSHA 10-Hour credentials.



What's a Credential of Value?

A credential of value is one that **meets essential criteria for influencing student outcomes and workforce readiness** — and OSHA credentials check all the boxes!

They're not only recognized, but also relevant, rigorous, portable, and impactful.

THE CAREERSAFE DIFFERENCE

CareerSafe Courses are 100% online, on-demand, and easily integrated to support your current safety program. This means students can learn on their own schedule, in whatever environment works for them, and at their own pace.

What sets us apart from other OSHA-Authorized Online Training Providers?

- ✓ **Career Pathways:**
OSHA 10-Hour courses tailored to industry-specific pathways
- ✓ **Best-in-class customer care:**
World-class, US-based customer care team
- ✓ **Educator Focused:** Features and resources designed to help educators manage and support student learning
- ✓ **Course Guarantee:** Earn your OSHA card the first time or retake the course for free



Different By Design

Our online, on-demand courses are specifically designed with educators and CTE students in mind. In fact, we are the only OSHA-Authorized Online Training Provider in the US that: **offers youth-focused training, has courses tailored to career pathways, and is an OSHA Alliance Ambassador.**

"CareerSafe allows us to ensure all students receive rigorous, valuable, and proven standardized industry safety information that helps keep them safe while building employability and work-ready skills."